

Lagan Valley Orienteers WEE SERIES 2006



low-key summer orienteering with LVO **w**ednesday **e**vening **e**vents – everyone welcome

If you've always wanted to find out more about orienteering – here is your opportunity. Lagan Valley Orienteers are organising a number of come-and-try it orienteering events during the months of May and August. The events will take place on Wednesday evening at a number of different park locations. They will be equally suitable for experienced orienteers looking to improve navigation while running at speed, and also to the novice to improve their navigation. Two courses will be available at each event. An easy course approximately 1.5km and a more technical course of about 5km.

You can run or walk, with the main aim being to enjoy it. Why not bring along the whole family for a summer evening in the outdoors.

Preprinted maps and SportIdent electronic timing will be used at the events. Prizes for series winners. Full instructions available on the night.

Help and friendly advice will be available at all events.

| Event 1 | 3 May | Lady Dixon Park, Belfast |
|----------|-----------|-------------------------------|
| Event 2 | 10 May | Ormeau Park, Belfast |
| Event 3 | 17 May | Barnett's Park, Belfast |
| Event 4 | 24 May | 6 Mile Water Park, Ballyclare |
| Event 5 | 31 May | Delamont, Killyleagh |
| Event 6 | 2 August | Cairn Wood, Craigantlet |
| Event 7 | 9 August | Tollymore, Newcastle |
| Event 8 | 16 August | Barnett's Park, Belfast |
| Event 9 | 23 August | Belmont Park, Belfast |
| Event 10 | 30 August | Castlewellan, Newcastle |

www.niorienteering.org.uk/wee

check out the web site for up to date details of events including directions
- full results will appear on the site -

Start times : 7pm – 8pm Cost : £2.50

email: WeeSeries@niorienteering.org.uk 028 9068 1097



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